



Mini Mops Monthly

September 2014

9 Tips to Protect Your Home and Family from Pests

Your home is your refuge against inclement weather. It gives you and your family shelter, warmth, and comfort.

These same qualities attract pests — like rodents, spiders, and cockroaches — to invite themselves in and make themselves at home. And that's why these pests are always more of a threat during the cooler months of the year.

To help you keep your home and family safe from pests this fall, check out these tips from the National Pest Management Association:

- 1. Install door sweeps on exterior doors, and repair damaged screens.**
- 2. Screen vents and openings to chimneys.**
- 3. Seal cracks and crevices on the outside of the home,** including areas where

Please see *Protect* on page 2



We Hear You ...

A message from Ron

"One of the most sincere forms of respect is actually listening to what another has to say."

— Bryant H McGill

IN-BETWEEN TIP:

Put used tea bags in the fridge to absorb odors.

We've sent surveys asking for your opinions about this newsletter, and we're taking your responses into account as we continue with it.

First of all, we're glad to hear that so many of you like it! We began publishing a company newsletter as a way to stay in touch with you ... a way to build stronger relationships with you and add even more value to your lives.

It sounds like we're doing what we set out to do in that regard.

Please see *Hear* on page 3

Grab-N-Go (Gluten-Free) Pancake Muffins

Recipe from *The Kitchenthusiast™* — a KitchenAid® blog

INGREDIENTS:

¼ c. plain yogurt	½ t. baking soda
2 T. unsalted butter, melted	¼ t. sea salt
2 T. pure maple syrup	2 eggs
½ t. pure vanilla extract	1 egg white
1½ c. blanched almond flour	c. diced fresh berries



Image credit: <http://blog.kitchenaid.com>

DIRECTIONS:

Preheat oven to 350. Grease a 6-cavity muffin pan with butter. Set aside.

Place all liquid ingredients into a blender or food processor, except for the eggs. Then place all dry ingredients on top. Cover and blend on low 10-15 seconds, just long enough to combine the ingredients (the batter will be thick). Add the eggs and egg white; blend on low 20-30 seconds, just until the eggs are well incorporated into the batter (do not overmix or the muffins will not be tender).

Fill each cavity of the prepared pan full. Add a few berries to each cup. Then divide the remaining batter evenly among the muffin cups, and top with additional berries.

Bake for 18-20 minutes, until slightly golden brown on top and a toothpick inserted in the middle comes out clean.

Protect from page 1

utilities and pipes enter.

For Laughing Out Loud ...

Q - When is a baseball player like a spider?

A - When he catches a fly!



4. Store food in airtight containers.

5. Dispose of garbage regularly in sealed receptacles.

6. Replace loose mortar and weather stripping around the foundation and windows.

7. Eliminate all moisture sites, including leaking pipes and clogged drains.

8. Store firewood at least 20 feet away from the home.

9. Keep shrubbery well-trimmed.

Of course, if you suspect a pest infestation problem in your home, you should consult with a licensed pest professional to inspect, identify and treat the problem. We suggest locally owned and operated CSI Exterminators (www.csi-ext.com • 559-294-1779).

BONUS TIP: Peppermint essential oil is a natural repellent of both mice and spiders (and ants, too). Soak a cotton ball or cotton pad with the oil and place in areas where you see evidence of the pests. You also can mix 4-5 drops of the oil in a spray bottle of water for a spray-on treatment.

(National Pest Management Association tips from www.PestWorld.org)

HAVE FUN & EXERCISE YOUR BRAIN ... WORD SEARCH

C	U	P	S	D	R	I	F	V	A	S
A	G	A	P	V	A	C	U	U	M	B
N	E	S	V	I	G	O	C	H	O	R
I	A	M	I	N	I	M	O	P	S	U
S	H	I	N	E	R	S	B	I	T	S
T	A	L	E	G	A	U	W	E	C	H
E	B	L	E	A	C	H	E	R	A	E
R	O	S	C	R	U	B	B	E	R	S
V	I	N	R	O	M	I	B	R	A	V
A	W	E	B	U	C	K	E	T	G	O
C	L	E	A	N	S	E	R	E	S	H

Find the hidden words in the grid of letters to the left. This puzzle is all about things you'll see when Mini Mops comes to clean your home.

Words to find:

Cobwebber
Vacuum
Bucket
Rags
Vinegar
Bleach
Scrubbers
Brushes
Cleanser
Canister Vac
Shiners
Mini Mops

Good luck and have fun!

Hear from page 1

Many of you requested more recipes, so that is a feature that will be staying. By the way, if you'd like to share a personal favorite or a family recipe, please do so! You may send it in with your crew, mail it to the Mini Mops office, or email it to Michele@MiniMopsInc.com.

You also indicated that you enjoy the jokes. Those will continue, and we've added a "Have Fun & Exercise Your Brain" feature as well. This month is a word search. Other months you might find crossword puzzles, word jumbles, or Sudoku puzzles. We hope you'll like this new addition.

We're also going to start doing employee profiles so you can get to know your crew members on a deeper level.

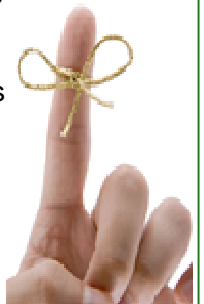
Many of you remember my sister-in-law, Michele ... She's still handling all of our marketing, including this newsletter. And she'd love to hear from you! You can reach her by email — Michele@MiniMopsInc.com.

We really appreciate your loyalty.

Thank you!

REMEMBER!

Schedule
your
holiday
cleanings
EARLY!
We're
taking
these
calls
NOW!



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*When your referral becomes a
Mini Mops client, YOU receive
10% off your next cleaning!*

Inside This Issue ...

Page 1 9 Tips to Protect Your Home and Family from Pests

Page 1 We Hear You ð
A message from Ron

Page 2 Grab-N-Go Pancake Muffins

Page 3 Have Fun & Exercise Your Brain ð Word Search

REMEMBER!

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EARLY!
We're
taking
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NOW!



PLUS ...

In-Between Tips to save you time and money

AND ...

For Laughing Out Loud!

When is a baseball player like a spider?
(The answer is inside!)